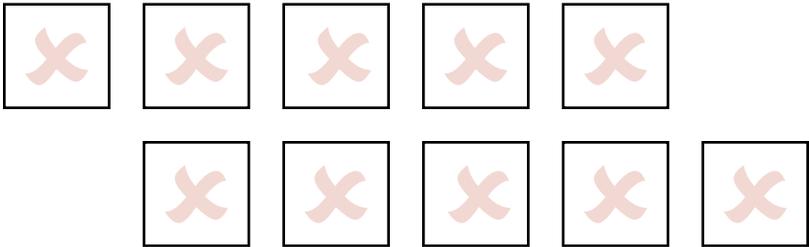


10-Day Actions



Critical Future(s)
– Possible Procedures

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**INSTRUCTION SCORE
FOR ZOOM-WORKSHOP**

Gather (virtually).
Share (intently).
Think (capaciously).
Play (fully).

Bring all of your (presence)
to each other.

(Imagine) you are
breathing the same air.

*Natalie Loveless
June 2021*

Introduction

How do artists address complex issues of social and ecological justice? How can art be used not only as a means of representation but as a means of intervention and activism that, in the words of feminist philosopher Donna Haraway, “stays with the trouble”? And how might these larger aims manifest themselves in local situated ways, through performance research modalities?

Grounded in the Fluxus practice of the “event score,” this workshop — led by Natalie Loveless (University of Alberta, Canada) for the **Critical Future(s) — Possible Procedures** Summer School, organized by Olga Holzschuh, Nada Schroer, and Konstanze Schütze for the Institute for Art and Art Theory at the University of Cologne — explored how scored daily actions can become the basis of a performance research practice that is locally attuned and personal, at the same time as it is shareable and public. Scores, here, become a personal commitment to local daily research at the same time as they are an invitation to others to share in that research alongside us.

During the workshop we engaged texts and artworks on the theme of “Sensing the Anthropocene,” thought through the ways that anti-anthropocentric perspectives reorient artistic production in the 21st century, discussed the importance of aesthetic attunement as a means of generating new imaginaries and cultivating affective resilience and capacity in the face of climate change, and experimented with the Fluxus score-form as a compelling tool for thinking through art and/in/of the Anthropocene today.

**2 FOUND
WORD ACTION**

**EVENT
SCORES**

For fourteen days
go outside alone
walk until you hear three words
feel them
note them down and go home
paint them with your hands

*Maïke Fielitz
June 2021*

**WHAT ARE
YOU DOING?**

Going for a walk
each day for 20-30 days.

Picking up all the
refundable bottles that
come along your way.

*Vera Hoos
June 2021*

**CREATE
TIME CAPSULES**

Take a device to make pictures with,
a container, and go into the forest.

Take a picture of a tree that
catches your attention that day.

Put a soil sample from near
this tree in the container.

Take a picture of an animal.

Repeat this for 10 days, keeping
each day's photos and containers.

*Tatiana Lange
June 2021*

**CRANES
SPINNING ROUND**

Every day for 10 days in a row,
take a walk through your
urban surroundings.

Stop at the first place of
(de-)construction you encounter.

Examine the place carefully
and step by step. Look at it
from as many angles as possible.
Listen, watch and maybe feel.

Record your observations.
Start recording as soon as
you discovered the site and only
stop the recording once you think
you have sensually captured
everything that is there.

Elias Müller
June 2021

**CLOUD
DRAWING**

Take a paper and a
pen/pencil/anything to draw.

Find a comfortable place outside
or at a window - sit, stand, lay,
doesn't matter.

Lift your head and look into the
sky. Notice the speed of the clouds,
observe how they grow. Are there
even clouds? What colour does the
sky have? What are you thinking
about while looking above us?

Draw what you see - the sky,
the movements, the feeling you have.
Don't stop looking into the sky.
Don't look at your paper.

Finish when you think your
drawing is finished.

Do this at the same place,
at the same time for ten days
and collect your drawings.

Johanna Müller
June 2021

**SINGLE-USE
PLASTIC**

For 10 days:
consume no
single-use plastic.

*Veda Zoe Nellissen
June 2021*

PRECIOUS

Go to a garbage heap and take broken
but still recognizable gadgets.
Bring them home, clean them and give
them as a gift to whoever comes to
your house or already lives in it.

Take pictures,
secretly.

*Drenica Prekazi
June 2021*

**FAST
FASHION**

THE ACTION

Choose an all-white outfit
(pants, shirt, socks, jacket...)

Put it on at the beginning
of your day

Take a picture of you wearing it

Take it off at the end of your day

Don't wash the clothes
during the process

Take them off to sleep

*Nadia Ramz
June 2021*

**EXPERIMENT TO REDUCE
PLASTIC FOR 10 DAYS**

Search for products that
are in plastic packaging.

Take a picture of it.

Go shopping and look for
alternatives and buy them.

Take a picture of them too.

Use the alternative products
for 10 days.

If there is no alternative, consider
whether you can live without it. If
so, try it for 10 days.

After 10 days decide if you will
use the alternatives regularly.
Create a list with the alternatives
and share it with your friends.

*Kimberly Schaffrath
June 2021*



PERFORMANCES & REFLECTIONS

**2 FOUND
WORD ACTION**

For fourteen days
go outside alone
walk until you hear three words
feel them
note them down and go home
paint them with your hands

*Maike Fielitz
June 2021*

Maike Fielitz

Reflection on Performance Action:

Roughly 10 days ago I began my 10 day action.

All in all, I would say that my action was quite successful. I managed to collect the thirty words and document them by taking pictures of the words written on a big piece of fabric.

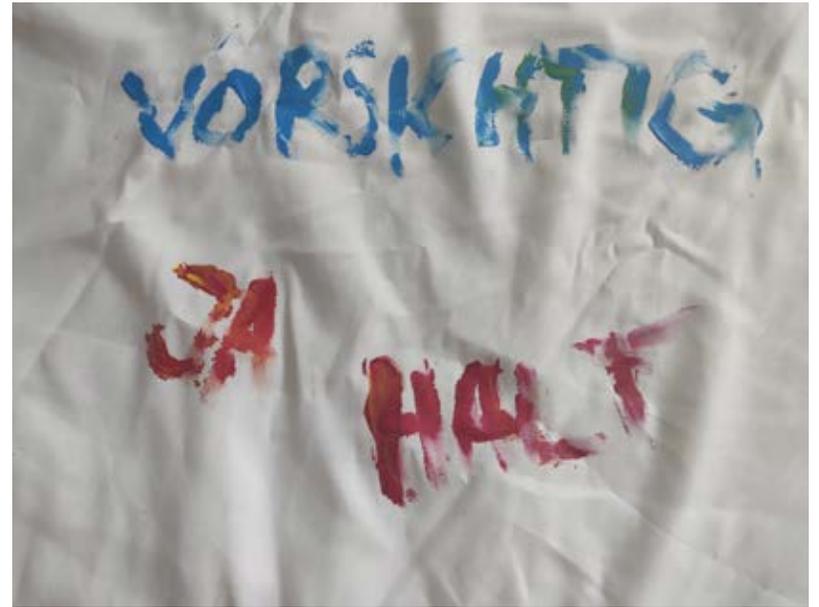
However, there was a small issue when the delivery of the fabric I painted the words on came in late, but I decided to substitute those two days of action, so six words in total, by painting them on separate pieces of paper. While this does sadly cause that the end result as a whole is not complete, it was important to me to still perform my action on those days.

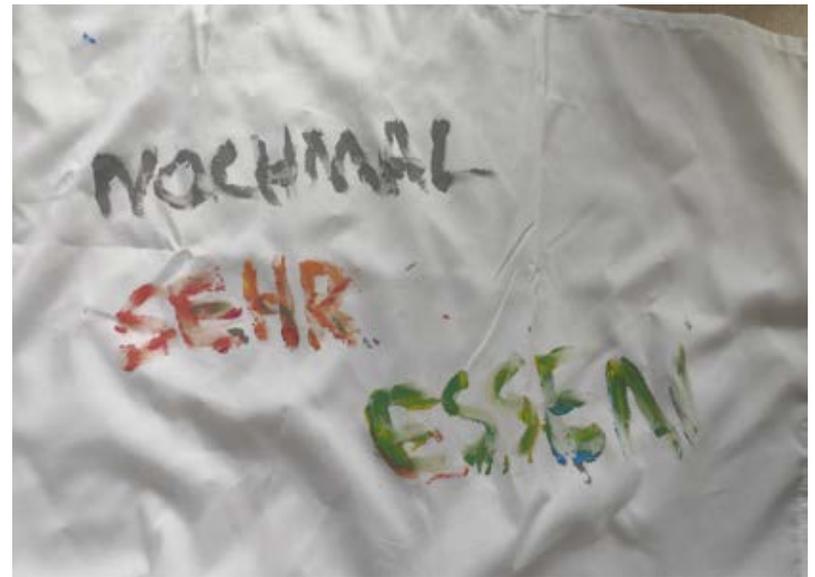
I have also learned a lot while performing this score. I chose it to become more aware of the lives of the people that surround me in my everyday life. Not the people that I directly know, but the hundreds of strangers I pass by everyday while living in a big city.

It did indeed make me more aware of them and I deeply realized that each of them is leading an own, independent life that I most likely will never know anything about, but still exists outside of my own perception. Hearing those people's thoughts and feeling and seeing how they interacted with each other inspired me and made me think everyday. Even only hearing three words from someone, or sometimes only one or two, gives you an insight into who they are and I used to pass those people being completely unaware of that.

After performing this action, I don't think I will ever just walk through the city without paying attention to other people again.

One more thing I have thought about during this week, is how other people could perform this score. I do not think that this would present too many difficulties. It does leave quite a lot room for interpretation and is relatively simple to perform as long as you do have the materials needed to paint the words you collected and live in area where you are able to cross ways with people when you leave your home.





WHAT ARE YOU DOING?

Going for a walk
each day for 20-30 days.

Picking up all the
refundable bottles that
come along your way.

*Vera Hoos
June 2021*

Vera Hoos

Context:

Rules

- 1) Go for a walk. Carry along some gloves and a bag.
- 2) Pick up every deposit bottle you see and bring them home with you.
- 3) How did you feel? Did anyone look at you strangely? Write down your feelings.
- 4) If anyone asks you what you are doing. Don't say anything. Just give them a card saying: "Was wir heute tun, entscheidet darüber, wie die Welt morgen aussieht." — Marie von Ebner Eschenbach
- 5) At the end of each week bring the bottles to a store and put the deposit into a glass jar.
- 6) Take a picture of the glass jar.
- 7) Find an organization/farmer etc. you want to support and donate the collected deposit.

Background

The bottle deposit is a deposit system and is a cash which is left behind by a beverage supplier for a bottle bought and returned with the bottle returned. The system is intended to stimulate the return of bottles and deposit boxes for reuse. Oftentimes people throw their bottles into nature — maybe because it's annoying for them to carry them back home. I always wondered why people do that. Not only because of the environmental aspects but also because of the money 'thrown away'. A few cents don't seem to be worth it to be carried home. But for some people a few cents matter. They can even add up.

I always remember a saying we often use in Germany: "A penny saved is a penny earned." That's how my plan developed.

Go outside. Take some time for yourself. Get in some movement and take action at the same time.

At a later date you could plan a public gathering. Announcing it on Instagram or elsewhere. Or you could just do it with some friends and invite people to join, while doing it.

Reflection:

- I was looked at strangely because I don't fit into the stereotype they think of.
- Sometimes I felt uncomfortable.
- I thought about not picking a bottle up because it was in the middle of the bush and a lot of people were around me.
- I wondered why people think it is strange to pick up water bottles.
- Neighbors asked me what I am doing. I tried to explain myself and wondered why I have the urge to explain it, as if I have to justify what I am doing. That's how I came up with the idea of the card.



**CREATE
TIME CAPSULES**

Take a device to make pictures with,
a container, and go into the forest.

Take a picture of a tree that
catches your attention that day.

Put a soil sample from near
this tree in the container.

Take a picture of an animal.

Repeat this for 10 days, keeping
each day's photos and containers.

*Tatiana Lange
June 2021*

Tatiana Lange

Context:

A bit over a year ago, I took the picture below of one of many stacks of cut-down trees as an effect of drought and trees becoming more vulnerable to pests. I find that this at first shows the Anthropocene quite clearly; to see such neatly cut and stacked trees with bright markings, and to see the empty places where they used to stand, instantly shows humanity's influence – the drought being caused by human-made climate change, and the cutting down as an act of containment and damage control.

Since then the stacks have disappeared and life has continued, with new saplings, grass covering up wheel-tracks, and animals going on as before. I want to show this development, this new phase in the forest's life that still is inhabited, by creating time capsules a day each. It could be done anywhere in other forests with the same problem, but for my 10-day-action I focused on this one in particular.

Reflection:

At the end of the 10-days-action (or 9 days, as it was cut short), I find myself with a new appreciation of how much there is to see in a place that I visited so often. I had been nervous that, by limiting myself to one area and so few paths, I would begin to find the pictures and experiences repetitive. This was not the case – and admiring the different, characteristic ways a tree stump can look, how different the stages of growth are, or how the soil would be made of leaves, pebbles, earth or wood pieces (and splinters), was more than I had envisioned. There simply was so much variation to find in one comparably small place, in such a short time.

It also was surprising and pleasant to see how the findings changed depending on the weather and time. Often the soil would be dry, and there would only be bugs and flies. But when it was cloudy or had even rained earlier, it was a different matter again.



What I would change, out of curiosity, is perhaps setting a specific time to go, or to choose one single tree stump to visit each day. The constriction would make for interesting findings, and make one focus on daily differences. I had also considered before starting the 10 days that I could take pictures of the tree stumps from above to see the growth rings. I decided against this because that seemed like it focused on the past instead of the present and future, which was this project's intent. I would, however, still like to compare the growth rings of many trees. It would simply give other findings.

Alternatively, as I am currently in quarantine, it would be fascinating to find a way to work with that. For example by taking pictures from a window or balcony, whether of the landscape with barren areas in the distance, or the tree next to the house. The animals then could be birds, and the soil samples could be replaced by pictures of the sky and weather (Johanna's 10-days-action was one I liked a lot).





**CRANES
SPINNING ROUND**

Every day for 10 days in a row,
take a walk through your
urban surroundings.

Stop at the first place of
(de-)construction you encounter.

Examine the place carefully
and step by step. Look at it
from as many angles as possible.
Listen, watch and maybe feel.

Record your observations.
Start recording as soon as
you discovered the site and only
stop the recording once you think
you have sensually captured
everything that is there.

Elias Müller
June 2021

Elias Müller

Context

Specific guidelines for my interpretation of the score

As soon as I have identified the site of (de-)construction I look at for the day, I will decide if the whole thing or just a certain part of it will be the site of my investigation. I will trust my instinct and won't make it a big decision, I'll decide as quick as possible. I will document my encounters with my phone attached to a small bag that I can wear around my chest so my phone becomes a bodycam. I will leave my phone like that and only point it in a specific direction manually if I look in that direction for a longer time. I will try to walk around the whole site twice or walk all along it once, then back to my starting point. This route may change when something specific captures my attention. Yet I will start and end my encounter in the same spot.

My performance research action is meant to help me grasp these changes in my urban environment, not by intense research around the construction/ demolition process but by sensual research on site of the change. Construction/ demolition sites are places so commonplace in an urban environment that I usually only walk past, glancing at machines and humans working there, listening to the sounds, briefly wondering what is happening behind walls and fences but quickly moving on and forgetting about it. Yet this process of tearing down and (re-)building structures in a city is such a crucial part of city planning, because here no more negotiating or planning is done, but things are just changed. Things disappear, things (re-) appear and life goes on around them. I usually pay attention only to the results of these changes, wondering about a new restaurant, reading the sign of a newly opened museum, the ads for fancy apartments or seeing business people gathering at a new office site. My performance research action should reorient my focus on the process of (de-)constructing these places, understanding urban spaces not as finished structures but spaces constantly being subject to change.

Reflection:

Looking at the sites with this planned, strategic look that was built into the score really helped me grasp them in a different way than I did before. Most importantly, I started to understand these places as multidimensional sites instead of the flat areas that I immediately turned them into whenever I walked past them before. I noticed that every site of (de-) construction stretches out into the city, either along or within an existing structure, into the ground or up into the air.

While I observed and captured the place in front of me really thoroughly, I had the problem that I wanted to know more about these places and their story. This feeling worked against my idea to just look at what there is, instead of researching the place in other ways as well. While I still see the quality of my focus on the actual place, I would maybe change this part of my score if I did it again. Also I thought about putting even more structure into the score because I struggled with finding the time to do it each day. I would like to choose my time slot beforehand and stick to it for every day to help myself to keep going. Also

this might add another interesting element into the observations, because I almost always did my walk in the early evenings, so the sites were closed up and no people were working anymore. I didn't think about this at all before and looking back I really wonder how my observations and my behaviour at the sites might have changed if I also watched people working at the sites.

This connects to my biggest struggle of the score, which was me feeling uncomfortable when many people were around and watched me perform the score. I really felt on the spot and often couldn't shake that sense of doing something forbidden, especially when looking over, under, or through barriers and fences. When I encountered places with only few people passing me, I felt that my research was more freely and that I focused on just observing a lot better. Maybe for another performance of the score I could also build a very simple and clear strategy for encounters with other people into the score to help me not lose focus and feel more comfortable.





CLOUD DRAWING

Take a paper and a
pen/pencil/anything to draw.

Find a comfortable place outside
or at a window - sit, stand, lay,
doesn't matter.

Lift your head and look into the
sky. Notice the speed of the clouds,
observe how they grow. Are there
even clouds? What colour does the
sky have? What are you thinking
about while looking above us?

Draw what you see - the sky,
the movements, the feeling you have.
Don't stop looking into the sky.
Don't look at your paper.

Finish when you think your
drawing is finished.

Do this at the same place,
at the same time for ten days
and collect your drawings.

Johanna Müller
June 2021

Johanna Müller

Context:

I want to draw attention to
something we normally forget.

I want to encourage myself or
other people to look more often
into the sky. We all should look
into the sky more often. We are all
so busy looking straight forward
at what is going on here on our
level. When I walk through the
streets I am way too busy walking,
running, chasing... to lift my eyes
to the beautiful sky. We look on our
screens to find out if the weather is
good today.

There is this gigantic always form
and colour changing artwork
masterpiece above all of us and
we are paying so little attention. I
think that this is very distinctive for
our behaviour in the anthropocene.
In our everyday life, we forget the
global ratio everyone of us is a
part of. Looking into the sky does
something with me. I feel reminded
that I'm just one of so many
humans scurrying around on this
ball flying through space. It gives
me peace.

Reflection:

I started my ten days action on
Saturday, the 5th June, and ended
it on Tuesday, 15th June, which
made it 11 days.

On my first day, I was visiting
a friend in Berlin and waited
on a big but peaceful square
(Gendarmenmarkt) for her. This
was not only the first time I did
this practice, it was also the first
and only time I did it in public.
Luckily, it was Berlin and no one
was even interested in what I was
doing. So I sat there for a really
long time, watched the clouds
moving over my head and over the
heads of all those uninterested
but unfortunately for me very
interesting people. It was hard for
me to focus on the sky. Especially,
when people were chatting and
walking by really close, but the
square was mostly empty. It was
a very cloudy but also sunny and
warm day. I drew the clouds and
in the middle of this huge city, I
felt so peaceful and lonely (but in
a good way).

The next day I was in Leipzig, my hometown, so my location changed. There were small clouds and all in different shapes. I normally wouldn't have paid attention to the sky, but looking up almost kind of amused me on that day.

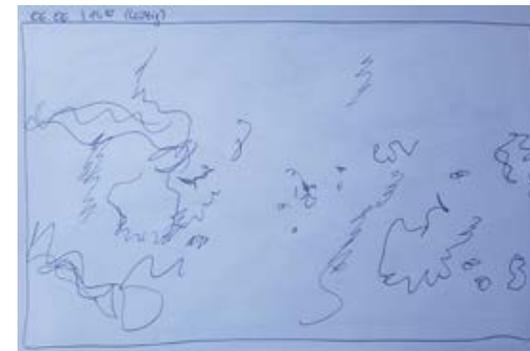
My location changed again on the next day, when I was home in Cologne again. I have a very comfortable window sill and layed on there while watching the clouds. There I spent every circa 10 minutes from 2 pm on until I finished drawing for the next week. I chose this time because I thought, at noon, the sky looks pretty neutral, not as spectacular like at sunrise or sunset for example. But there was my first problem: I noticed over the week that I really wanted to capture the sky over a whole day to see how it would change.

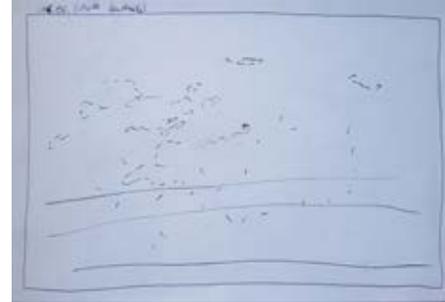
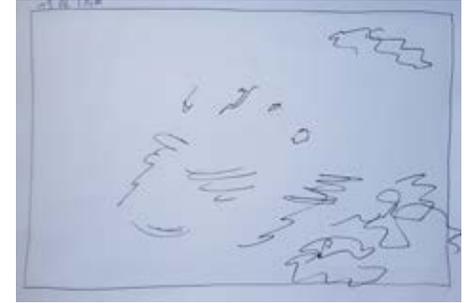
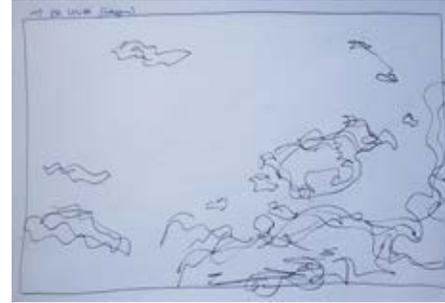
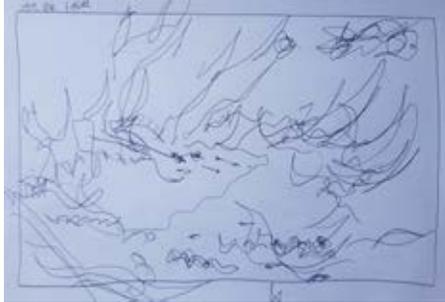
On Monday, I went outside to do my uni tasks in the sun, because the weather was just too good. On this day, the sky was just blue. On my first sight, I thought, there wouldn't be a single cloud up there. But the longer I looked, the more clouds or at least cloudy gatherings I was able to see. I also drew the mouche volantes, that were not in the sky but still in my field of vision.

Documenting the sky on the 14th June was harder than the other days. On this day, when the sky was (almost) just blue, I felt like it was heavier than on the days before. Because nothing moved up there and the blue colour was so powerful, the sky seemed earnest and melancholy.

Normally, when I just go outside without any intent of observing the sky, I am much more focused on what the weather means – so no clouds means no rain, a radiant sun means heat.

In general, the 11 days changed my perspective on the sky a lot. I spent so much more attention on what is above me. I will definitely do this practice again but with 11 pictures on just one day – one every full hour.





**SINGLE-USE
PLASTIC**

For 10 days:
consume no
single-use plastic.

*Veda Zoe Nellissen
June 2021*

Veda Zoe Nellissen

Reflection:

Living in an urban setting in a modern advanced city, I can make use of so many advantages to lead a plastic free or plastic reduced life. There is a market twice a week where I can shop locally and organically, under the open sky. This way of shopping turned out to be really fun, enjoyable and satisfying because it makes me feel so much more connected to the food I am purchasing and to the people I buy it from. I get to know their story and how they produce their food. There is a warm, human slow passing interaction which feels so precious and special in these fast paced technologically enhanced times, where I more and more often find myself talking to robots rather than to the warm voice of another human being.

What I also explored, already on the first day as I wanted to get stocked for the days to come, is the “unpackaged” supermarket: A dream for everyone who wants to consume more consciously and environmentally-friendly. This grocery store has everything, from all sort of grains, pasta, rice and musli, over all kinds of fruits and vegetables to soap, cleaners, tooth

brushes, pastes, deo and even plastic free FFP2 masks (which I decided not to buy for now as they are quite costly).

With all these options in hand: the unpackaged store, the fresh open-air market, the organic supermarket, it appeared really easy to make the choice of a plastic free consumption. Most of the time it was also really fun. Unfortunately, I did not find time to cook every day, so some days passed where I just nourished myself with musli all day.

When being outside, sometimes it was hard to resist some cravings. I still remember the duplo bar in the construction shop, which was so tempting at this moment. But the “unpackaged” supermarket also had unpackaged chocolates which always awaited me at home in those situations.

Throughout these ten days I got to understand that a single-use-plastic-free life is a choice.

In the beginning it needs some organization. It is important to make changes in the kitchen, get containers to provide space for all the loose grains, pasta, rice etc. It is important to find substitutes for everything that contains single-use plastics. Once I put my attention on this I became aware of how many products are made of single-use plastics, which was really eye-opening. I experienced how all this plastic is not necessary in order for the products to function and this led to the understanding that most brands use single-use plastics not because they have to, but because it is cheaper and easier for them. In this context I came across a number that was really shocking and demotivating: The worldwide 11 biggest companies cause 71 percent of the environmental damage. Hearing this I felt so useless with my small purchase decisions. Still it is my conviction that I have to change myself in order to see the world around me changing, so I decided to incorporate some of the things I have learned into my everyday life. I want to try to set up my new kitchen in a way that makes a plastic-free life easy.

I decided to still make exceptions for products like toothpaste or butter, which I couldn't find unpackaged anywhere, and to make some exceptions here and there when it comes to special rare cravings.

All in all the ten single-use plastic free days were really inspiring and it was an enriching experience.

Thursday, June 3rd
 No single-use plastics day one!

As today was a national holiday I came prepared and went getting my supplies for the following days one day earlier.

I went to the market in my district, which I normally only go to occasionally and make for longer the shopping than for real shopping. I found out the weekly things (weekend things) for a few Saturdays (from 10 to 2 pm) and got fresh vegetable supplies for the coming days. As I was short on cash (I didn't know I would pay with card and was not prepared) I couldn't get any salad or fruits - not here! Then I went to an unpackaged-supermarket to get some pasta, rice, mussels, milk in a glass bottle and dish washing soap. At the end of which some chocolate for mussels in the packaging I was a bit overwhelmed with such a new system that the shop was really organized. A scale in the entrance could be used for weighing one's own transportation bags. Everything else comes in big containers and the price is per gram so you must always weigh the bags. The containers have handles. I was surprised how organized and organized they were. And I was lucky because on weekdays they have a discount for students. My first day plastic free with shop today as I was so prepared.

I am by a kitchen mechanic and a dishwasher in an apartment again. The only thing I found is a plastic jar for a phone.



Saturday, June 24
 no single-use plastics - day 10

I went to the supermarket once again to stock up my pantries and made a supply as I understood the current I need for a week. I paid through in green and always used the maximum of the plastic packaging. The food normally comes in plastic or cardboard and much I used. Buying unpackaged food was not coming, I want to get a new understanding of the amount to use.

I also got my growth for mushrooms which is not it for the first time today! After that it was Saturday - market day. I used the opportunity to get some more fresh and vegetables for the week. To buy my fresh food from the organic farmer in paper bags really resonated in the market under the open sky. It is much more satisfying and pleasant experience than running around the supermarket during the busy supermarket with loud music playing on the speakers.

I'm very content with today's shopping experience and in a long run I will have to get some containers I cannot sleep thinking in some ways.

Tuesday, June 28
 no single-use plastics - day 16

Today I went to my father's and visited me for dinner. I found in all his cars I see plastic like food so he made a casserole with apples using parmesan and the cheese on top. I found in plastic. I found myself in the situation of eating his decision of eating enjoying the food but him always he is going to eat with my principles. As I was being the chicken I was thinking on how to deal with some situations in the future. I would to use the 100 percent bioplastic bag.

Eventually I decided to enjoy the dinner in his car because it's better as a special event when I can make an exception, as I did not cook in plastic.

Wednesday, June 30
 no single-use plastics - day 18

Today was disappointing. I received a parcel I ordered in this should be my new books. The one arrived in a disappointment my book was wrapped in layers of plastic. A parcel that I got all the plastic I used. The single paper was open in all the 1. I found out that the book was really plastic. I was in a situation of eating his decision of eating enjoying the food but him always he is going to eat with my principles. As I was being the chicken I was thinking on how to deal with some situations in the future. I would to use the 100 percent bioplastic bag.

Eventually I decided to enjoy the dinner in his car because it's better as a special event when I can make an exception, as I did not cook in plastic.

Sunday, June 30
 no single-use plastics - day 19

Last day today! I have to admit that part of me is happy to say goodbye to plastic. I see the day I used to buy my books in the supermarket and in some way used to bring a whole library from Amazon. I'm not sure if they had a book of books, all packed in plastic of paper. They are not after the understanding of using more in a way in the future and we really hope they don't stand in my way in the world!



PRECIOUS

Go to a garbage heap and take broken
but still recognizable gadgets.
Bring them home, clean them and give
them as a gift to whoever comes to
your house or already lives in it.

Take pictures,
secretly.

Drenica Prekazi
June 2021

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Reflection:

The 10-days performance of the score event was a big adventure. After three days I had to change / adapt my first event score, since it didn't call any attention from the outside.

The old score event:

Precious
Go to a garbage heap.
Take broken but still recognizable
gadgets and act as if someone just
gave them to you as a present.
Be happy about it.
Pose.

By directly involving people in my event score I could have a certain influence on them. They didn't have to be curious and ask me why I would search for things in a garbage heap and take pictures. The main reason why people didn't approach me during the performance of the first event score was that they adopted a distant attitude, since they probably thought I was just weird. The second reason why I adapted the initial event score was the strong dependence on the weather. Since the weather was horrible, nobody was outside. Even after changing location, I couldn't find anyone who might have wanted to take a look or communicate with me during the performance. The new event score ensured a social interaction with other people. Nobody had to be active or curious about the performance since I went to approach them directly.

After the fourth performance I started to feel way more comfortable going to the garbage heap or garbage bins, since my "secret photographer" wanted to come with me at all costs. By searching for garbage in a huge garbage heap we had many funny but also dangerous moments. By taking live photos with the iPhone I

had a wider range of pictures. I could just pick a specific moment where the reaction was at its peak. My “secret photographer” did her job pretty well, since nobody noticed that she was taking pictures (don’t worry, after the explanation we asked for permission).

After the seventh performance day something interesting happened. My roommates started to integrate my project into jokes. Whenever someone had a broken gadget or domestic refuse they would shout “Don’t throw it away! We can give it as a present to [person x]”. It would always lead to laughs, but it was also a sign that the project did in fact have a certain influence on them. The jokes and laughs went on and on and I decided to include my neighbors in my project, which I would’ve never done at the beginning. When I noticed that people actually liked the idea and bizarrry of the project I didn’t have any issue with just knocking on the door of my neighbors and telling them I had a present for them.

During this 10-days performance of my own event score I became way more open. The unknown neighbors became part of my first event score and now whenever we see each other on the stairwell we have to think about our first encounter and laugh a bit. I am sure that by having approached people who would’ve never expected it, I altered the effect on them which at the end was my main goal. I also noticed a big difference in their reactions. Some people became distant by just looking at the object and didn’t even want to touch it even if I made sure they were clean. Other people didn’t even hesitate and took it. Some of them even tried to take a deeper look and try to recognize the deficits of the gadget.

What impressed me the most was the fact that I also got way more involved than I could have expected. I started getting ideas about adjusting the broken gadgets or even painting on them and leaving them on the streets for people to become curious. I would’ve never thought that I would’ve enjoyed this process so much. I even thought about printing the photo series and hanging them on the stairwell.

Saturday

I live in a building with an outside stairwell. Since it is situated in a student residence, there is a strong community feeling. Besides food we also share our “garbage”. Whenever someone doesn’t need something anymore he/she would just deposit it in front of his apartment door so that anyone interested can take it.

Today I found a vacuum cleaner without the head replacement. Since it was totally clean and didn’t show any physically visible defects, I immediately assumed it was still functioning. I plugged it in and it started making the typical noise of a vacuum cleaner. The issue? It couldn’t suck a thing. Perfect for my score event.

I decided to give it to my roommate, who has coincidentally been looking for a vacuum cleaner.

Since there wasn’t any other roommate available, I decided to start with her and then make her my secret photographer for the next time.



I hid the camera behind my music box and I called her. Here is her reaction:



Sunday

I decided to go for a walk with my secret photographer to find broken gadgets.

I found a microphone with a broken windscreen. After testing it out I could conclude that it didn't work. The process of trying to clean it and partially fix it created a weird bond between me and the gadget. I started to have the desire to make it work at any costs.

I decided to give it to a good friend of mine, since she likes to sing and play different string instruments.



Her first reaction (she still didn't understand that it was broken):



Her reaction after finding out that it was broken:



Her reaction after knowing about the project:



Wednesday

A puzzle with only three pieces.



Thursday

A broken suitcase with only three wheels.

Monday

A broken folding rule.



FAST FASHION

THE ACTION

Choose an all-white outfit
(pants, shirt, socks, jacket...)

Put it on at the beginning
of your day

Take a picture of you wearing it

Take it off at the end of your day

Don't wash the clothes
during the process

Take them off to sleep

*Nadia Ramz
June 2021*

Nadia Ramz

Introduction

Fast fashion is a big part of the Anthropocene. Big fast fashion labels produce about 12 to 24 different collections per year. This industry creates more pollution worldwide than all planes and boats do in the course of one year.*

The Action

Choose an all-white outfit
(pants, shirt, socks, jacket...).

Put it on at the beginning of
your day.

Take a picture of you wearing it.

Put it off at the end of your day.

Don't wash the clothes during
the process.

Take them off to sleep.

The Documentation

Take a picture of you wearing
that outfit for each day during the
project time.

Take a picture at the start of your
day and at the end.

The picture should be taken from
the front and the back.

The picture should be taken in the
same spot every day.

The Challenge

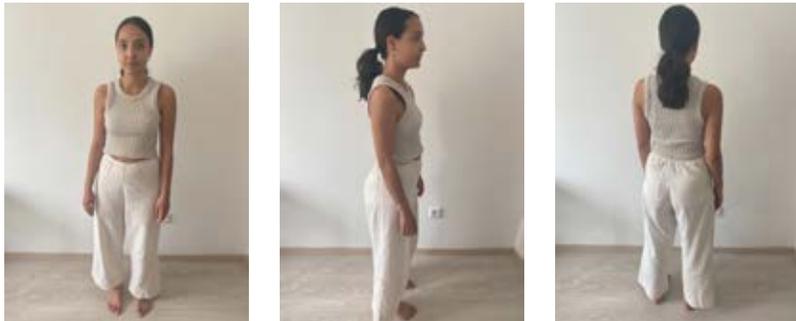
Our closets are full of clothes, still
we don't know what to wear.

The challenge is to wear the same
all-white outfit for a total amount of
10 days.

The process is a reflection of our
behavior we normally have when
choosing an outfit to destress the
pressure of creating a fashionable,
good-looking outfit and to help
understand the basic purpose of
clothing – protection.

* Source: <https://www.dw.com/de/umwelts%C3%BCnde-mode-nur-fast-fashion-oder-geht-es-auch-nachhaltig/a-43344256>





EXPERIMENT TO REDUCE PLASTIC FOR 10 DAYS

Search for products that
are in plastic packaging.

Take a picture of it.

Go shopping and look for
alternatives and buy them.

Take a picture of them too.

Use the alternative products
for 10 days.

If there is no alternative, consider
whether you can live without it. If
so, try it for 10 days.

After 10 days decide if you will
use the alternatives regularly.
Create a list with the alternatives
and share it with your friends.

Kimberly Schaffrath
June 2021

Kimberly Schaffrath

Context:

I am always shocked about how much plastic we use. We're recognising this by taking out the garbage. I'm currently trying to reduce plastic in my everyday life. But, for example, I didn't find alternatives for toothpaste. Honestly, I have to say, that I didn't search long for other alternatives. If there are alternatives for products wrapped in plastic, they are usually very expensive. So, I still buy food and cosmetics wrapped in plastic, even if I don't feel good about it.

That's why I choose this research question: How can I further reduce plastic in my everyday life?

Reflection:

First of all, I want to mention that alternatives for products in plastic packaging are very expensive. There are only a few alternatives for products like shampoo, shower gel and cream.

From my point of view most products aren't as good as the "normal" ones. My hair was strawy and dry and the body butter made my skin sticky.

Soap instead of shower gel is a good alternative, I think. And the microfiber towel to remove the make up from my face works really well. Although products seem to be wrapped in non-plastic packaging, the lids for them are mostly from plastic. For products like toothpaste and contact lens solution and make up there aren't alternatives. The only alternative I could take was not to use it.

But the problem is I have to brush my teeth and I have to use my contact lens solution to wear my contact lenses because I don't want to wear my glasses all the time, especially when I'm doing sports.

Now I'm further trying to reduce plastic. I have to say that 10 days isn't enough to start a whole change in my life. By going shopping I pay attention to alternatives for products wrapped in plastic. For me it is disappointing to see that there aren't enough alternatives which work.

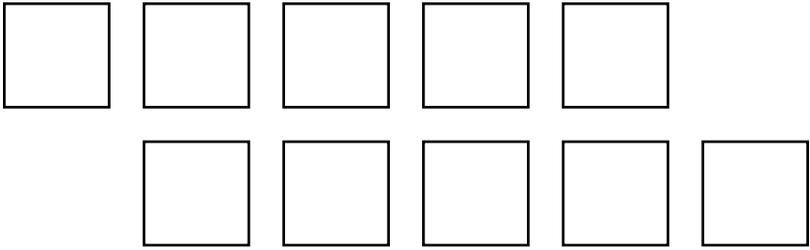
Introduction to "How to reduce plastic in my bathroom?"

Here's a list of products I've tried. Some I would recommend and some I wouldn't.



No alternative.
Option: To wear my glasses.





Critical Future(s)
– Possible Procedures